URBANETIQUETTE THE CHATTY CO-WORKER

How to avoid the walk-all-over-me-whilst-I-seethe-self-righteously approach WHERE'D J-LO GO? ENERYIN

Your essential daily named Monday, march 20, 2017

The push for an anti-poverty plan

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Advocates seek public's help in drafting strategy



Stephanie Taylor Metro | Winnipeg

City hall needs to get serious about reducing poverty in Winnipeg.

That's the message coming from the Social Planning Council of Winnipeg, which will launch a series of public consultation sessions this week to draft a citywide poverty reduction plan.

Josh Brandon, a community animator with the council and chairperson of Make Poverty History, says cities like Edmonton and Hamilton have already adopted comprehensive anti-poverty plans to better assist low-income residents living in their communities.

He believes it's time for Winnipeg to do that same.

"There are limits to what the city can do. I don't think the City of Winnipeg on its own can solve poverty, but that doesn't let the city off the hook," he said in a recent interview.

A plan, he explained, would ensure that city staff and councillors consider poverty reduction when new policies are developed and decisions about spending are made.

Although the city is not directly re-

sponsible for files like social assistance, housing, and wages, Brandon said the city has to step it up when it comes to areas of civic life it does control.

MORELIFE

And other questions about Drake's new album metroLIFE

For example, zoning rules could be amended to make it easier for affordable housing to be built, and more could be done to improve the safety and standard of living for those in rooming houses.

User fees could also be reduced for community centres and recreation facilities located in poorer neighbourhoods, while drop-in hours and programming could be expanded.

"It's too often the lowest-income Winnipeggers are left behind and excluded by city policies," said Brandon.

Mynarski Coun. Ross Eadie said the city already has some initiatives underway to tackle poverty - like the William Whyte Neighbourhood Housing Plan, which sets out affordable housing goals — but he agrees a comprehensive plan is lacking.

"That's one aspect of poverty," he said, of the city's housing initiatives. "The other aspects are getting people out of poverty through good employment."

Brandon hopes the consultation sessions will get the ball rolling in the public consciousness about the need for a plan and generate ideas.

A draft plan would be presented to the public later this spring.

The first session will be Tuesday, March 21 in the Carol Shields Auditorium at the Millennium Library from 6 to 8 p.m. WITH FILES FROM LUCY SCHOLEY



The Jets' Blake Wheeler and Mathieu Perreault screen Wild goalie Devan Dubnyk as defenceman Ryan Suter tries to clear the crease on Sunday at MTS Centre. TREVOR HAGAN/THE CANADIAN PRESS

AWILDONE

Jets hold on to beat Minnesota after blowing lead

metroSPORTS

Plus Winnipeg is all but done for the season, but here's why we should still pay attention to the home team metroNEWS





Ice cream starved Winnipeggers line up for a tasty treat as the BDI drive in, which closes for the winter, opened during spring-like weather over the weekend. METRO

Ice cream stand heralds spring

Long lineups as biz opens for 60th year



Braeden Jones Metro | Winnipeg

Spring felt closer than ever as the locally famous BDI ice cream stand opened for its 60th season over the weekend.

The sun was shining both Saturday and Sunday as temperatures hovered near and just above zero degrees, while a steady lineup of patrons got their cool sugar fix from the old drive-in as it came out of hibernation.

The small ice cream shop's moniker may stand for Bridge Drive-In, but like co-owner Justin Jacob says, "once people see BDI open it's kind of the first sign of spring in Winnipeg."

acob said the seemingly

endless lineups on the opening weekend are an annual occurrence, fuelled by a parfait-like combination of nice weather, BDI's winter hiatus building a pent-up demand, and hype that builds online whenever he announces the opening date.

"It's all kind of tied together, hand-in-hand," he said. "We always try to look ahead for

the first nice weekend of the season to open.

known to come that way: weather warms up, then BDI opens, and that's the sign spring is here."

It's that simple. Snow melts, the sun comes out, birds start tweeting, BDI tweets once, and then the lineups don't stop all weekend. "Once word got out we were open we had a huge lineup already," Jacob said. "It's pretty crazy, but we're keep-

then BDI opens,

and that's the sign

spring is here.

Justin Jacob

ing up OK." In addition to being a harbinger of spring, BDI is also a community fixture, with a legacy Jacob is happy to be carrying forward.

"It was 1957, the first year of kind of the ice cream stand as we know it," he explained.

The responsibility of managing a beloved community

fixture doesn't weigh on him, though. Stand-"Then it builds - it's Weather warms up, back of the shop while his team rushes like mad to dole out classic treats like the Goog and

Cantaberry, he's actually wearing a smile from ear to ear.

"You go from a pretty quiet winter to opening up at BDI and it all changes," said Jacob, who's also an accountant. "I know it seems really crazy back here right now, but you miss the business."

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Canadian teacher Maggie MacDonnell wins \$1M global award for teaching excellence.



REASONS TO KEEP WATCHING THE JETS

They may have celebrated a victory against the Minnesota Wild on Sunday, but the Winnipeg Jets are almost out of playoff runway. Don't give up yet, fans: Here are five reasons to keep up with the home team.



PROSPECT CALL-UPS

What do Kyle Connor, Jack Roslovic and Eric Comrie have in common with Nic Petan, Joel Armia, and Connor Hellebuyck? They're young, tearing it up in the AHL and due to battle for an NHL roster spot next fall, just like the latter three once were.

And also like the elder players, they'll probably be called up to the big club near the end of the season so the team can get a look at their adjustment to NHL game speed.

JOB SECURITY INSURANCE

The fact that there are talented players waiting in the wings and likely to get called up can only light a fire under the feet of several current Jets.

Missing the playoffs isn't the only sign something is off with the current cast, so it's likely there will be changes in the lineup come fall.

It may be Mathieu Perreault, who despite having upped his game lately hasn't been the forward advertised when he was working to earn his current contract. Or third-liner Joel Armia, who despite his upsides is far enough down the depth chart that he could



Winnipeg Jets' Bryan Little (18), Ben Chiarot (7) and Patrik Laine (29) celebrate after Chiarot scored against the Minnesota Wild in Winnipeg on Sunday. TREVOR HAGAN/THE CANADIAN PRESS

be exposed.

Watching to see how they and any other worried Jets perform in the home stretch will be interesting to say the least.

CALDER RACE

beacon of hope into the city of Winnipeg, and even if the team is out of playoff contention he's still a leader for one of the NHL's most revered awards: The Calder Trophy.

Bestowed by hockey writers, Patrik Laine brought a bright the award is given to the most

outstanding rookie in a given season. Laine's incredible scoring has him right in the thick of it despite being up against one of the strongest freshman classes the league has seen in a long time.

He leads all rookies with 33

goals and 60 points, despite missing eight games with a concussion in the middle of

GOOD HOCKEY LEFT TO BE PLAYED

the season.

Just because the team's playoff push didn't pay off doesn't mean the players will swap their skates for tracks and start tanking.

Not only does it go against the nature of competitive pro athletes, but if the luck that landed Winnipeg the second overall pick after a sixth-place finish last season holds any morsel of a lesson, it's that tanking doesn't work.

Don't expect them to roll over as the season winds down.

THIS IS WINNIPEG

It's not Edmonton, where they endured a 10-season playoff drought, or even Toronto where it's been three seasons since they started a playoff game.

This is Winnipeg, and even if the Jets were swept, they cracked the playoffs in 2014-15, so the build toward a decent run is still early.

The energy at the MTS Centre won't reach white-out hysteria, but the team on the ice next year will look at lot like the team on the ice near the end of this year, in all likelihood, and is worth supporting.

'To the left,' right or wrong

Shree Paradkar Torstar News Service

Sometimes the smallest acts of alliance can be seen as declaration of division.

NDP leadership candidate Niki Ashton used lyrics from Beyoncé's song Irreplaceable to make a point on Facebook and Twitter on Tuesday.

"Like Beyoncé says, to the left. Time for an unapologetic left turn for the #NDP, for social, racial, enviro and economic justice."

The song is non-political; Beyoncé is telling her cheating partner to pack his things in a box "to the left."

Cultural appropriation? Black Lives Matter Vancouver thought so and asked her to "please delete your 'to the left' FB post and address the issue. Appropriating Black culture is not intersectional feminism."

Ashton took it down. "Not our intention to appropriate," she responded. "We're committed to a platform of racial justice+would appreciate ur feedback."

That would end the matter, but here comes the public on social media: "This cowardly capitulation is why the NDP will always fail. You give these radicals an inch, they will take a mile."

I don't see Ashton's using the words "to the left" as appropriation. It would be if she had a history of ignoring blacks and was using those lyrics for political gain. That Ashton was not defensive and chose to respect BLM's wishes is a response of openness, not one of weakness, perhaps even of political shrewdness.

"Being an ally to a community means listening to that community when they tell you you're getting it wrong," BLM said. "Thanks for listening, Niki Ashton."

Sounds reasonable to me.



MARCH 16

In a Thursday story about the West Central Women's Resource Centre, Metro misspelt executive director Lorie English's name. We regret the error.

INSECT CONTROL City eagerly awaits approval of mosquito killer



Stephanie Taylor Metro Winnipeg

Winnipeg's manager of insect control hopes the city will get the all-clear to use a new mosquitokilling product by May.

Ken Nawolsky anticipates that's roughly when Health Canada's Pest Management Regulatory Agency (PMRA) will announce its approval of DeltaGard 20EW.

The city plans for this new eco-friendly product to replace Malathion — a chemical insecticide the city has been using to fog mosquitoes since 1985.

But time is of the essence when it comes to planning for the 2017 program, Nawolsky said. That's why the city is searching for a DeltaGard supplier, even while the product is pending federal approval.

"We want to ensure we have the product so we're ready in case we have a significant mosquito population," he said in a recent interview.

Nawolsky said it typically takes up to three years for a new product to be approved and registered in Canada.

But he said the city sent a letter to the PMRA last Novem-

ber, requesting an expedited approval of DeltaGard.

A Health Canada spokesperson said that approval is still pending, as the consultation part of the process runs until April 14.

Once that closes. it will take another two to three weeks for the PMRA to publish a decision, then another six to eight weeks for the city to award a supplier contract and receive a shipment of the product, said Nawolsky.

That means the latest the city should have DeltaGard in stock is the end of june.

But that's still cutting it close considering the city has started mosquito-fogging by mid-June the past two years.

> Nawolsky is confident Health Canada will give DeltaGard the green light because its active ingredient is Deltamethrin, a commonly used syn-

thetic insecticide. For its initial order, the city wants to buy 5,000 litres of DeltaGard, with the option of purchasing 3,000 litres more

incrementally.

Nawolsky praised the product as less risky and more environmentally friendly than Malathion because it requires smaller quantities to work effectively. DeltaGard is said to be highly effective at killing mosquitos, with no harmful effects on humans.

It also has no expiry date, Nawolsky added.

the city ran into trouble last summer when it learned Malathion couldn't be used if stored for more than one year, which meant 2,000 litres of product recently purchased from the province had expired.

That's worth noting because

RESEARCH TRAVELLING TO THE TITANIC Researchers are planning what they say is the first manned submersible expedition to the Titanic since 2005. OceanGate Expeditions recently announced that the seven-week research mission will depart from Newfoundland, Canada, in May 2018. The experts say the goal of the mission is to assess the condition of the wreck and document — but not collect — artifacts at the protected site. The doomed British luxury liner sank on April 15, 1912, after striking an iceberg on its maiden voyage from Southampton, England, to New York City, killing more than 1,500 people. The Titanic is seen in Belfast in a family album. THE ASSOCIATED PRESS

Tax agency's 'more aggressive' approach

POIME

Panama Papers fuelled new investigations and regulations

For the Canada Revenue Agency, the Panama Papers was a line in the sand.

Unlike previous leaks, tax cheats named in the massive database won't be offered amnesty; instead, they're more likely to end up doing hard time.

"This is a more aggressive CRA," said assistant commissioner Ted Gallivan.

Tax fraudsters identified in the Panama Papers will not be allowed to clear their name by declaring their hidden assets and paying back taxes and interest, a process called voluntary disclosure.

"(The Panama Papers) allows us to showcase how the CRA has changed," Gallivan said. "There's a bit of a paradigm shift for us: no voluntary disclosures and a lot more criminal investigations." "It sends the message that it's not just tax evasion, it's not just white collar crime, it's a serious criminal offence and it comes with serious criminal consequences," said Gallivan.

Internationally, Canada has long been considered lax on white collar crime, with few prosecutions and prison sentences measured in months, not years.

But after the Panama Papers were made public last April, the new Liberal government quickly announced a nearly \$500-million investment in the CRA to bolster tax enforcement.

Early results reflect an ongoing reorientation toward fewer high-value tax cheats and a focus on multinational corporations.

The number of criminal convictions for tax evasion has dropped dramatically from 137 in 2011-12 to only 17 so far in 2016-17, yet the criminal fines imposed have almost tripled from an average of about \$46,000 to over \$123,000 for each offender.

Sentences are up, too, from an average of 18 months in 2011-12

to 26.5 months this year, according to numbers provided by the CRA. Additional tax collected by CRA audits has increased almost 45 per cent over the last six years from \$8.7 billion in 2011-12 to \$12.6 billion in 2015-16. More and more of these audits target large and multinational corporations, producing tax assessments that have more than doubled in the last three years from \$6.1 billion in 2013-14 to a projected \$13 billion this year.

In order to move more quickly from investigation to prosecution, in the last year 230 people have been added to the compliance department and lawyers are now being embedded in investigating teams.

The Panama Papers even spawned a new branch of the CRA, known as International, Large Business and Criminal Investigations, which operates under Gallivan's personal watch. This branch will be taking on the most complex, big-ticket cases that often have an offshore component and involve sophisticated tax professionals, the enablers of tax evasion. TORSTAR NEWS SERVICE



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President of Uber resigns

Jeff Jones, the president of the embattled ride-hailing company Uber, has steppe down just six months after taking the job.

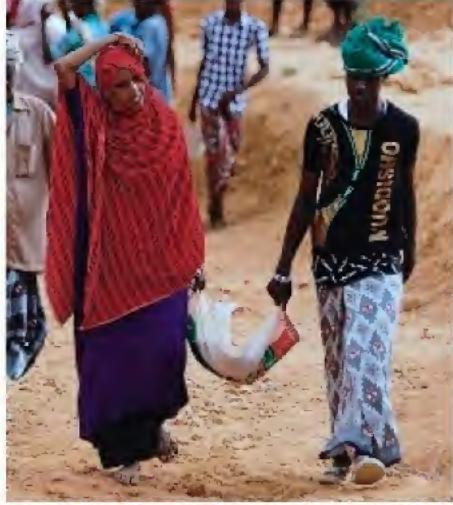
Uber on Sunday confirmed Jones' resignation and in a brief statement wished him the best.

Jones' departure comes days after Uber CEO Travis Kalanick said the company will hire a chief operating officer who can help write its "next chapter."

The San Francisco-based firm has been hit by several controversies, including allegations that it routinely ignores sexual harassment. A recent video showed Kalanick profanely berating a driver who confronted him about steep cuts in Uber's rates.

Uber also acknowledged it has used a program to thwart authorities who have been trying to curtail or shut down its service in cities around the world.

Jones had left Target, where he was chief marketing officer, to join Uber in September. THE ASSOCIATED PRESS



FAMINE CANADA PLEDGES \$120M TO HELP AVERT DISASTER

Women and men carrying away earth on March 8. They were digging to build a dam so that if rains come, the water can be stored near Bandar Beyla in Somalia's semi-autonomous northeastern state of Puntland. Canada will provide almost \$120 million to help avert the prospect of starvation for 20 million people in Nigeria, South Sudan, Somalia and Yemen. The pledge comes in response to a United Nations warning earlier this month that the desperate situation in the four countries represents the "largest humanitarian crisis" the world has faced since the end of the Second World War. The UN has said \$4.4 billion in humanitarian aid is needed by July to avert disaster. THE ASSOCIATED PRESS

Site takes a risk to resist Trump

Move reflects willingness of tech firms to push back

Meetup is taking a leap into the Trump resistance.

The New York-based networking site will unveil plans in the coming days to partner with a labour group — under the guidance of a former Hillary Clinton aide — to co-ordinate protests among more than 120,000 activists already involved with anti-Trump Meetup groups.

It's a risky move for a tech company that has helped millions come together to share interests of all kinds, from hiking to languages to President Donald Trump himself. But it reflects an increasing willingness of some major technology firms to push back against the Republican president.

Meetup CEO Scott Heiferman said that the new arrangement,

to be known only as #Resist, gives the loosely organized protest movement the infrastructure needed to execute large responses to the new president's policies.

"It's one thing for a CEO to say, 'I'm going to stand up against a politician," Heiferman said. "It's even further for the company itself to mobilize people."



When a certain line is crossed, we have a civic duty not to be quiet.

Scott Heiferman

For Heiferman and other tech leaders, Trump's push to block immigration from several Muslim-majority countries marked a tipping point.

"When a certain line is crossed," he said, "we have a civic duty not to be quiet."

The White House did not respond to a request Friday for comment about Meetup's plans.

About 40 technology companies met privately this month in New York City to brainstorm ways to push back against Trump policies on immigration, transgender protections, women's health and arts funding, as well as more traditional technology issues like net neutrality and encryption.

Kickstarter and Meetup were. also among 58 technology companies that signed a friend-of-thecourt brief on Tuesday charging that the White House's revised immigration plan would harm their employees and customers.

Airbnb, Apple, Twitter and Yelp filed a court brief late last month to protest the Trump administration's decision to rescind guidance that instructed schools to allow transgender students to use bathrooms that match their gender identity.

The car service Lyft recently pledged \$1 million to the American Civil Liberties Union. THE ASSOCIATED PRESS.

Government should apologize to Omar Khadr, lawyer says

As the Canadian government in 2002. offers an apology and millions in compensation for Ottawa's role in the detention and torture of three Canadians held in Syria and Egypt, federal lawyers appear to be digging in for a long fight against former Guantanamo Bay detainee Omar Khadr, who was 15 years old and grievously in-

Lawyers for Khadr, now 30, have been fighting the government since 2004 regarding abuses they say occurred to the captive under the Liberal and Conservative administrations.

The crux of the \$20-million suit is Canada's unwillingness to recognize that according to international law, Khadr jured when he was captured should have been treated as minors, torstar news service

150 WAYS of looking at Canada

POSTCARD NO. 46

DAUBERT FARMHOUSE, SASKATCHEWAN

metri

a child soldier during his incarceration.

Most damning is the allegation that Ottawa not only failed to protect Khadr as a passive bystander during the abuse of the teenage prisoner, but co-operated with the U.S. in violation of Canadian constitutional and international laws protecting the rights of

MANY GERMAN-**RUSSIAN IMMIGRANTS** HOMESTEADED AND FARMED ON THE PRAIRIES IN THE EARLY 1900'S. THESE FAMILIES WERE SO PROUD TO BECOME CANADIANS! TODAY, THE NOW-ABANDONED DAUBERT FARMHOUSE

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URBAN ETIQUETTE ELLEN VANSTONE



Dear Ellen.

I've noticed a coworker spends most of her day doing personal things - You-Tube, Facebook, looking at home improvement supplies, chatting with work friends or making personal calls. She also talks to me and sends me emails about her interests. which is distracting. I resent it since she doesn't seem to value my time, and even more so because I know she is paid much more than me. My other colleagues tease me for not caring to look at baby photos or hear pet stories. How can I bring this up without seeming like a complete curmudgeon?

V. Busy

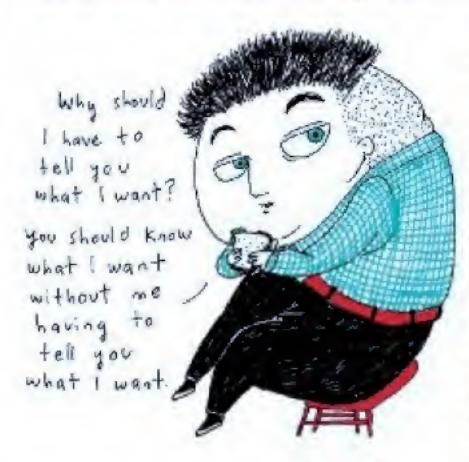
Dear V.,

There are two issues here. The first issue is taking control of a problem of your own making. I spent years before I finally diagnosed this in myself, and I now see it everywhere around me (i.e., the corner we paint ourselves into when we want something, but don't want to be seen as wanting something).

If you want something, you have to ask for it. Somehow a very bad idea has arisen in

THE QUESTION

How do I tell my coworker her chatter is a time waster without sounding like a grump?



Asi Castilla

own particular culture puts on

this walk-all-over-me-whilst-I-seethe-self-righteously approach. But resenting people because they can't read your mind and don't subliminally discern your needs is a mug's

In fact, it's more polite, and respectful, to give the other side a chance to behave better by clearly stating your request. In your case, you have every right to ask your colleague to please stop interrupting you with non-job-related comments, Internet artifacts, or family photos so you can fully concentrate on getting your own work done.

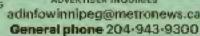
Which brings us to the second issue: accepting that you have no control over the outcome of your polite request.

It's possible your timewasting, Internet-addicted, over-compensated colleague will blush with shame when you point our her lack of professionalism, and immediately, quietly adopt your own admirable work ethic. But by the sounds of it, it's more likely she and the rest of your coworkers will indeed write you off as a "complete curmudgeon."

So be it. We curmudgeons are totally underrated. Carry on, maybe buy some noise-cancelling headphones, and wear the badge proudly.

Need advice? Email Ellen:

scene@metronews.ca



The new and improved **Women's Studies**



Vicky Mochama Metro

Teachers are everyday heroes. I am glad one Canadian teacher was just rewarded with a \$1-million prize for her work in a remote Inuit school. But there are yet more heroes whose work needs to be acknowledged, including a teacher in Clyde, Alta., who has launched a Women Studies class to help young girls navigate the teen years.

At first, I thought it would offer the things I most needed as an awkward teen, like how to make medieval armour and influence people. But this isn't your standard women's studies class about deconstructing power and oppression (bor-ing).

Instead, the course teaches girls in Grades 6 to 9 how "selfimprovement techniques," like choosing flattering hair styles and wardrobes, can "enhance their natural beauty and express confidence without over-shadowing who they are," according to the school's newsletter.

The course is part of the school's career and technology foundation program, naturally.

Learning the best hairstyles to frame your face is a female survival skill; it prevents one from crying at a hair salon. which is a sign of weakness that the salon will pounce on to sell you expensive high-end products.

And after all, how is a girl supposed to Lean In with bangs that cloud her vision?

These skills should be part of a full complement of cours-

es to enhance a girl's education. In fact, more schools should offer them. Here's an idea: "Microeconomics and the art of spotting a marriageable high net worth individual." Of course, business acumen is not just about the numbers, but also the soft skills, which would require a class like "Language Arts: how to deflect praise away from yourself."

And in all honesty, if we're going to teach self-esteem to girls via online shopping, we can't forget about the boys.

Like the novelist and feminist Chimamanda Adichie says: "Why do we teach girls to aspire to marriage, and we don't teach boys the same?" Where is their course on the mechanical engineering of a wedding bustle?

The afternoon the Clyde girls spend on nail care and application should be a prerequisite for a high school diploma for boys. And in my experience, more than a few boys could have used lessons in other elements of the course, like table settings, dinner party etiquette and polite conversation.

The latter may not seem like the most pressing thing over, say, math and geography, but hold your judgement until you find yourself at a house party talking to a 44-year-old man about all of his March Madness picks and the rationales behind them.

Would that he could instead speak intelligently on the challenges of being a female in today's world.

I believe the children are our future, and I want their dinner parties to sparkle.

some quarters of "polite" society that it's rude to pipe up and "selfishly" ask for better treatment instead of just sucking it up like a gentleman, or martyr, or whatever gloss your

game.

HIEF OPERATING OFFICER, Sandy MacLeod

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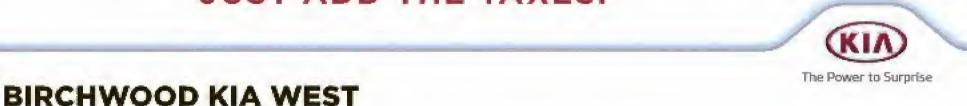


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Your essential daily news

Having sex boosts your productivity and engagement the following day at work, researchers find

QUESTIONS ABOUT THE MEANING OF DRAKE'S MORE LIFE

Drake has finally delivered More Life, but he hasn't necessarily handed us all the answers. The Toronto rapper unleashed his latest 22-track studio project Saturday, giving fans plenty of material to chew on. It seems like More Life has let him explore styles beyond his usual boundaries. He seamlessly pivots from catchy afrobeats to house vibes. Here are five questions to ponder while reflecting on the deeper meaning of More Life. THE CANADIAN PRESS



• How did he pick those samples?

Drake spares no expense in showcasing his eclectic taste for memorable songs. He digs into the record crates for Lionel Ritchie's All Night Long, and throws it on the outro of Blem, while fellow soul legends Earth Wind & Fire get their song Devotion worked into Glow. But more surprising is Drake's magnetism to underdogs such as South African house DJ Black Coffee (pictured), whose jazzy Superman is the backdrop for Get It Together. He even throws a total curveball with a sample of His World, the theme from the Sonic the Hedgehog video game, on the track KMT.



Will his love of home ever fade?

Hints of Canada are scattered throughout, including a subtle nod at the mac and cheese formerly known as Kraft Dinner ("Mama never used to cook much. Used to chef KD," on Free Smoke) and Torontoarea spots ("Used to be at SilverCity Indigo. Used to be in lunchroom playing dominoes," on Do Not Disturb. He leaves time for one of Canada's most popular tourist attractions, though it's not quite a shining endorsement ("We evolved, used to think vacation meant Niagara Falls" he raps on Can't Have Everything).



PHOTOS: TORSTAR NEWS SERVICE/INSTAGRAM/FACEBOOK

Where did JLogo?

An appearance by Jennifer Lopez seemed like one of the few certainties of More Life. The Latina songstress posted an Instagram photo cuddling Drake a few months ago, which fuelled rumours of a tryst in the studio. Within days, a clip of their presumed collaboration Get It Together leaked online. But Lopez is missing from the final version, with her part replaced by U.K. newcomer Jorja Smith. However, Lopez isn't entirely absent - Drake raps "I drunk text JLo. Old number so it bounce back" on Free Smoke.

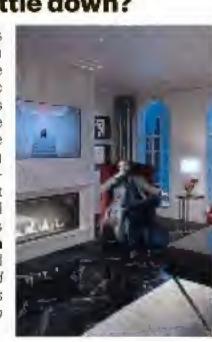


🔼 Did mom's words strike chord?

Drake's morn **Sandi Graham** offers wise words on the final moments of Can't Have Everything. In what appears to be a voicemail clip, she suggests her son checks his emotions. "I'm a bit concerned about this negative tone I'm hearing in your voice these days," she says. "That attitude will just hold you back in this life." She ends with a slight paraphrase on Michelle Obama's 2016 Democratic National Convention quote: "When others go low, we go high."

Will he really settle down?

Drake seems to take his mom's advice to heart, suggesting on Do No Disturb that he'll slam the brakes on his whirlwind music career. On the final track he lays out his plan saying, "Take the summer off 'cause they tell me I need recovery. Maybe getting back to my regular life will humble me. I'll be back 2018 and get you the summary." Maybe that'll be enough time to settle into his new mansion in Toronto's posh Bridle Path neighbourhood and ring a few doorbells. (An imagined rendering of Drake brooding in his mansion is pictured, by design firm Norm Li for Torstar).





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12 Monday, March 20, 2017

Culture metr@LIFE High-heels debate must

be broadened: Experts

DRESS CODES

Stereotypes can permeate all industries, advocates say

Servers clad in short skirts and stilettos could soon be a thing of the past, as British Columbia and Ontario take steps to ditch sexualized dress codes. But women in other industries can face unwritten expectations of lipstick and heels, say workplace equality experts.

Researchers and human rights lawyers say a broader discussion is needed of the pressures faced by women to spend more time and money on their looks than men. Gender stereotypes can permeate all kinds of workplaces, including when it comes to physical appearance.

"Women can be judged more harshly due to these pervasive stereotypes," said Julie Nugent, vice-president and centre leader at the Catalyst Research Centre



In the U.K., the issue of female staff being forced to wear high heels has also been hotly debated. THE CANADIAN PRESS FILE

for Corporate Practice, part of a multinational non-profit organization. "When you think about dress and physical appearance, women face higher standards in a lot of cases than men."

Nugent said women leaders are often subject to what's known as the "Goldilocks syndrome," where they're perceived as either too tough or too soft, but never "just right." This also affects expectations for how women dress, in which their

looks are scrutinized more than men's, she said. "Sometimes that (focus on appearance) could even take away from a woman's abil-ities or her leadership style," she said. "That can be sort of white noise in the background."

B.C. Premier Christy Clark recently voiced support for a private member's bill that would have banned mandatory high heels in the workplace. But rather than pass the bill, her government is looking for the most "effective way" to make the fix, which could include changes to regulations.

The Ontario Human Rights Commission put forward a policy position last year making it clear that requiring female staff to wear high heels, low-cut tops or short skirts could violate the human rights code.

But in the U.K., the issue has also been debated in the context of professional workplaces. British lawmakers condemned sexist dress codes after Nicola Thorp complained that her employment agency required "regularly reapplied" make-up and shoes with at least a five-centimetre heel while she was working at a finance firm.

Renu Mandhane, chief commissioner of the Ontario Human Rights Commission, said the issue comes up most often in restaurants and bars.

"Often, when you're talking about offices and businesses, it's more about the implied expectation, rather than a formalized dress code," she said. THE CANADIAN PRESS





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WHY ILIKE MY JOB

Sandra Dewsberry, 55, occupational therapist, St. Joseph's Care Group, Thunder Bay.

I've been an occupational therapist for over 30 years. In high school, when I was starting to think about what I'm going to do with my career, I did two placements in the occupational therapy roles, and I realized it's what I really wanted to do. I ended up doing a 33-month degree at McMaster University in health sciences, with a specialization in occupational therapy.

Today, I work on the mental health side in the psychiatric hospital with long-term care residents, who are mostly seniors with cognitive issues like dementia. We try to take a non-pharmacological approach to healing and figure out what might be agitating or upsetting patients (as many can't vocalize their issues). I have upwards of 40 clients, and for each, working with a patient's doctors, personal support workers and families, we come up with a specific action plan based on clients' needs. Sometimes that includes scheduling visits with psychiatrists or even priests, or maybe encouraging them to exercise - little things we can do to help them improve their quality of life.

But it's a very varied career. Working in longterm care is only one small aspect of what I've done. Over the years, I've worked in the community going into people's homes and improving the quality of life there. And you can work across all ages - from newborns to 100-plus.

It's a new day, every day. I love working with people. Hove working to improve their quality of life as they're coming to the end of it.



THE BASICS: Occupational therapist

Median annual salary for an intermediate-level occupational therapist, though with more experience, OTs can expect to earn upwards of \$90,000.

14%

Projected rate of job growth over the next eight years.

Data for this feature was provided by captica, mcmasterica, ualberta.ca, payscale.com and oneronline.com.

HOW TO START

Today, occupational therapists are required to have a master's degree in the field, and complete a minimum of 1,000 hours of clinical work. Schools across the country, including the University of Toronto, Dalhousie, the University of Alberta and the University of British Columbia, offer programs. There, students learn theoretical practices of occupational therapy — how different factors in life, such as a person's immediate environment, work or even personal relationships, might influence their health — as well as do hands-on clinical placements, where they put their learning to use. After university, prospective therapists must take a certification exam by the Canadian Association of Occupational Therapists to be allowed to practice.

WHERE YOU CAN GO

Occupational therapists work with people of all ages with physical or mental health issues. As a result, there are opportunities to work in hospitals and private clinics across the country, as well as schools, long-term care facilities (like nursing homes), and in private homes. There are opportunities to work with governments in all major cities (to advise on areas like disability accessibility, health planning and rehab programs). Many businesses also work with occupational therapists to develop plans for safe and healthy work environments.



Morrissey goal fuels Tar Heels find their footing to advance Kennedy Meeks had 16 points and a huge tip-in with 44.2 seconds left to help North Caro-

Winnipeg earns two points after blowing four-goal lead

Josh Morrissey is doing a lot of things right for a young defenceman this season.

The 21-year-old rookie chalked up another good outing when his one-timer with 7:17 left in the third period lifted the Winnipeg Jets to a 5-4 victory over the Minnesota Wild on Sunday.

It was Minnesota's fifth straight loss and came after the club had roared back from a four-goal deficit.

"You just can't say enough about Josh Morrissey," Jets captain Blake Wheeler praised. "That goal aside, just the type of hockey player he is, how smart he is as a player. He's being asked to play a little bit ahead of his age right now."

Morrissey's fifth goal of the season through a screen by teammate Patrik Laine hit the post and went past Devan Dubnyk for his third game-winning marker.

The last time the Wild lost five in a row was the final five regular-season games last spring. They only have two wins in their last 10 games.

Wild coach Bruce Boudreau was brief and to the point in



Jets captain Blake Wheeler reached 500 career points with a pair of assists at MTS Centre on Sunday. TREVOR HAGAN/THE CANADIAN PRESS

SUNDAY At MTS Centre



his post-game analysis.

"Hey, listen, we stunk in the first," he said. "We better come back in the second. Holy crap. It's not resiliency. You make it sound like we're good. That's all. I'm done."

Winnipeg had mounted a 4-0 lead at 4:38 of the second period after scoring on four of its first eight shots in the game, but

the Wild fired in four straight goals to tie it up heading into the third period.

Morrissey said he and fellow blue-liner Brian Strait, called up from the AHL Manitoba Moose Saturday, talked about him moving over a bit more to the middle to get a closer pass and easier one-timer.

"It was nice, our very next shift was the goal." Morrissey said. "Not too many times when you talk about those things and it actually ends up working right away."

Andrew Copp and Adam Lowry scored on Winnipeg's first and third shots, respectively.

Defencemen Ben Chiarot and Dustin Byfuglien also found the back of the net. Lowry collected one assist and Mathieu Perreault and Blake Wheeler each had a pair of helpers. Wheeler's assists took him to 500 career points.

Chris Stewart scored twice and Charlie Coyle and Mikael Granlund also had goals for the Wild (43-22-6).

Connor Hellebuyck was pulled for the eighth time this season at the end of the second period after stopping 31 of 35 shots for the Jets (32-33-7). Michael Hutchinson made 13 saves in relief. THE CANADIAN PRESS

lina barely avoid a huge upset by rallying to beat Arkansas 72-65 in Sunday's second round of the NCAA Tournament.

Justin Jackson added 15 points for the Tar Heels (29-7), including the dunk that capped a gameclosing 12-0 run by the South Region's No. 1 seed to help it survive a wild game.

North Carolina led by 17 points after a dominating start, blew that lead and trailed 65-60 with about 3-1/2 minutes left then came up with a response befitting its veteran experience.

Isaiah Hicks came up big late, too, with a dunk and four free throws in the final two minutes to help UNC survive.

Daryl Macon scored 19 points to lead the eighth-seeded Razorbacks (26-10), who did everything right in the second half



North Carolina's Kennedy Meeks scored 16 points on Sunday. GETTY IMAGES

 except close out the Tar Heels. Villanova, the overall No. 1 seed in the tournament, wasn't quite as lucky as North Carolina. The defending champions bowed out on Saturday after losing 65-62 to eighth-seeded

Wisconsin in the East Region.

THE ASSOCIATED PRESS



😑 IN BRIEF

Crosby nets hat trick, Penguins shut out Panthers

Sidney Crosby again picked up the slack with Evgeni Malkin out, getting his 10th career hat trick Sunday and leading the Pittsburgh Penguins past the Florida Panthers 4-0.

Crosby's natural hat trick pushed his goal total to an NHL-high 40 and moved him. into a tie with Edmonton's Conner McDavid for the league scoring lead with 80 points. THE ASSOCIATED PRESS.

Manchester City salvages draw with Liverpool

Sergio Aguero's 69th-minute goal rescued a point for Manchester City in a 1-1 draw against Liverpool on Sunday in a gripping Premier League game between two teams battling for Champions League qualification.

The striker turned home Kevin De Bruyne's cross as City fought back from conceding a 51st-minute penalty converted by James Milner. THE ASSOCIATED PRESS.



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ACROSS

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cover

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58. Scoundrel

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- book superheroine introduced in 1941). 30, "Absolutely," 31. Mr. Romano
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- 40. Method. 41. Concern
- 42. Lady's titled man 43. Comph 44. Airport land-
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49, Ulan (Mongo-

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55. Decay

* IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20 This is your hour! The Sun will be in your sign for the next four weeks, boosting your energy and attracting positive situations and people to you, Happy birthday!

Taurus April 21 - May 21 During the next month, you will be more low-key. However, this is an excellent time to strategize and plan ahead for the new year (birthday to birthday). Do you have any ideas?

I Gomini May 22 - June 21 Today you enter a four-week window of time that will be very popular for you. Enjoy schmoozing with others. Join clubs, groups, classes and associations.

Cancer June 22 - July 23 During the next four weeks, the Sun is at the top of your chart, shining a flattering light on you. Use this to your advantage, and ask bosses. and parents for what you want.

Leo July 24 - Aug. 23 Try to travel in the next four weeks, because you want to get outta Dodge. You need a change of scenery and a chance to learn something new!

W Virgo Aug. 24 - Sept. 23 Red-tape issues about inheritances and shared property will be your primary focus for the next four weeks. Taxes, debt and insurance issues also will be on your mind.

Libra Sept. 24 - Oct. 23 Throughout the next four weeks, you will need more sleep than usual. Respect your need for more rest. Chill out.

Scorpio Oct. 24 - Nov. 22 Work to get better organized during the next four weeks, because this will make you feel. great. You want your life to run more smoothly and efficiently.

Sagittarius Nov. 23 - Dec. 21 It's playtime! Vacations, romance, love affairs, the arts and fun activities with children are your primary focus throughout the next four weeks. Lucky you!

Capricorn Dec. 22 - Jan. 20 Home, family and your private world will be your main focus in the next four weeks. You will cocoon at home more often. Family issues will be at the forefront.

Aguarius Jan. 21 - Feb. 19 A busy pace begins now and lasts for the next four weeks. Short trips, increased reading and writing, errands and discussions with everyone will fill your schedule.

Pisces

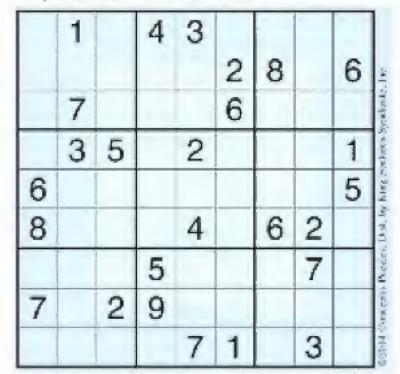
Feb. 20 - March 20 Think of how to boost your earnings in the next four weeks as your mind turns to cash flow and assets. This also is a good time to think about what really matters in life.

CONCEPTIS SUDOKU by Dave Green

former Ms. Rivera

11. Country legend

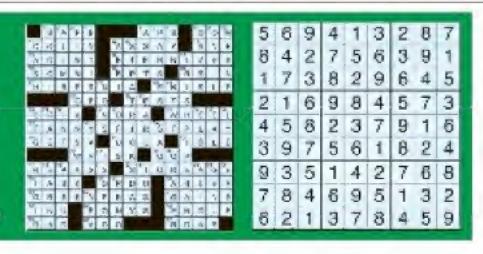
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